Aspire Academy Trust

St Uny CE Academy
KS1 Screen Time

Revision Log (last 5 changes)

Date	Version No	Brief detail of change

Policy Lead: Head of School
Date: 20.10.2026
Review Date: 20.11.2026

Our vision:
We aim to be a positive, loving school where children are equipped to live well with Jesus Christ and with others.

Our guiding Bible verse:
'Let your light shine before others…' Matthew 5:16

Our Christian values guide our relationships in and out of school.

Friendship:
'Encourage one another and build each other up.' 1 Thessalonians 5.11

Forgiveness:
'Just as the Lord has forgiven you, so you must also forgive others.' Colossians 3.13

Respect:
'Do unto others as you would have them do to you.' Matthew 7.12

Our golden rule:
Treat others as you would like to be treated!
At St Uny we expect good behaviour in and out of the classroom. Put simply, this means keeping our golden rule.

Rationale
At St Uny CE Academy, we recognise that technology can enhance learning when used purposefully. We also understand the importance of balancing screen use with physical activity, social interaction, creativity, outdoor learning, and practical experiences. This policy aims to promote healthy screen habits for pupils in Key Stage 1. The school aims to minimise unnecessary screen exposure and promotes healthy digital habits in line with current NHS and government guidance.

Aims
- To ensure screen use supports learning and has a clear educational purpose.
- To reduce unnecessary screen exposure during the school day.
- To promote pupil wellbeing, concentration, communication skills, and physical development.
- To encourage active, practical, and collaborative learning experiences.

Classroom Expectations
Teachers will:
- Plan lessons that maximise opportunities for practical and hands-on learning.
- Use interactive whiteboards selectively and purposefully.
- Limit passive screen viewing.
- Encourage active participation rather than prolonged observation.
- Monitor pupil engagement and wellbeing during technology use.

Principles

Educational Purpose	Screens will only be used when they add value to learning. Teachers will consider whether a non-screen activity can achieve the same objective effectively.
Balanced Learning	Lessons will include a balance of digital and non-digital activities. Opportunities for discussion, practical exploration, handwriting, reading, and outdoor learning will be prioritised.
Movement Breaks	Extended periods of screen use will be avoided. Pupils will be encouraged to move regularly and participate in active learning tasks.
Reading	Physical books will remain the primary resource for guided, shared, and independent reading wherever appropriate. Digital texts may be used to enhance access and engagement when beneficial, but must not replace opportunities for children to engage with physical books read by an adult.
Playtimes and Lunchtimes	Screens will not be used during breaktimes or lunchtimes unless required for a specific educational or inclusion purpose.
Treats & Rewards	Screens will not be used as a whole-class treat or reward. Rewards should be active, engaging and focus on celebration of achievements.
Wellbeing	Staff will promote healthy digital habits and discuss the importance of balancing screen time with sleep, exercise, hobbies, and family activities.

Working with Parents

The school will:

- Share guidance on healthy screen use at home.
- Encourage screen-free family activities.
- Promote age-appropriate online safety and digital wellbeing.

Monitoring

School leaders will monitor classroom practice through learning walks, planning scrutiny, and pupil voice activities to ensure that technology is being used effectively and proportionately.

Safeguarding:

Responsibility for approving digital content, devices and online access in KS1 sits with school leaders, including the Head of School, Class Teachers and Designated Safeguarding Lead, with technical support provided by Aspire Academy Trust. All digital resources used with children must be age-appropriate, educationally purposeful and compliant with the school's safeguarding and online safety procedures. Children only access approved content through filtered and monitored systems under direct adult supervision.