By Aspens

2nd March, 23rd March, 13th April, 4th May, 25th May, 15th June, 6th July, 27th July, 7th Sept, 28th Sept



MONDAY Family Faves

TUESDAY Authentic Italian

WEDNESDAY Backing British

THURSDAY Food **Festival**

FRIDAY Fun Day

Main **Event**

Bangers & Mash Pork chipolata served with mash, green beans and gravy

Maraherita Pizza Cheesy tomato topped pizza with seasonal salad and aarlic slice V

Roast Chicken crispy roasties fresh

Chicken Curry Boneless chicken with Marinated chicken cauliflower and gravy curry sauce with rice fingers with chips and and fresh courgettes .

Fish Fingers Golden breaded thigh pieces in a mild Pollock or Salmon fish peas

Vegetarian Section

Quorn Banaers Quorn sausages with mash, green beans and gravy v

Pasta Napolitan Wholemeal Penne. tomato sauce seasonal salad and

garlic slice V

Cheese Pinwheels Toasty cheese spirals with crispy roasties and cauliflower V

Sweet Potato Balti Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes

Picnic Pitta Quorn dippers and minty cucumber salad with chips and pitta pocket v

Packed Lunch

Jacket **Potatoes**

Tutti Frutti

Sponge Dried fruit and cherry cake served with custard

Sticky Orange Cake

Zingy orange cake made with polenta Cheesecake

Crispy Skin Jacket Potato with Toppings

Pick and Mix Deli

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Biscuit base with soft cheese and fruity topping

Chocolate **Brownie**

Served with Orange Slices Cookie and Shake

Oat Cookie & Chocolate Milkshake

The Finale

V Veggie

Meat

Jacket Potato

Packed Lunch

By Aspens

9th March, 30th March, 20th April, 11th May, 1st June, 22nd June, 13th July, 24th August, 14th Sept



MONDAY Family Faves

TUESDAY Authentic Italian

WEDNESDAY Backing British

THURSDAY Food **Festival**

FRIDAY Fun Day

Main **Event**

All Day Breakfast Grilled pork sausage, baked beans, tomato and hash brown with bread and butter .

Firecracker Pizza Healthy pizza with a hint of chilli with mixed salad

and wedges v

Baked Gammon Baked gammon with crispy roasties, broccoli and gravy

Chicken Korma Marinated chicken thigh pieces in coconut curry sauce with rice and sweetcorn A

Breaded Pollock Lightly breaded white fish fillet chips and peas

Vegetarian Section

Veggie All Day Breakfast

Veggie sausage, baked beans, tomato and hash brown with bread and butter v Pasta Bake

Wholemeal Pasta with Wholemeal pastry with fresh basil tomato sauce and cheese with wedges ...

Cheddar Quiche

vcheese and onion filling with crispy roasties and broccoli Cauliflower Jalfrezi

Lightly spiced cauliflower and lentil curry with rice and sweetcorn v

Beany Wrap

Wholemeal wrap stuffed with baked beans and cheese

Packed Lunch

Pick and Mix Deli Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Jacket **Potatoes**

Crispy Skin Jacket Potato with Toppings

Banana Loaf

Anginetti

Crushed meringue

Carrot and Pineapple Muffin

Spiced with Cinnamon

Cookie and Shake

Ginger Cookie and Vanilla Honey Shake

The Finale

Fruity banana bread cake

Italian lemon drop biscuits

Meat

and berry rippled cream

Eton Mess

Veggie

Jacket Potato

Packed Lunch

By Aspens

16th March, 6th April, 27th April, 18th May, 8th June, 29th June, 20th July, 31st August, 21st Sept



MONDAY

Family **Faves**

TUESDAY

Authentic Italian

WEDNESDAY

Backing British

THURSDAY

Food **Festival**

FRIDAY

Fun Day

Main **Event**

Pizza Whirl

Cheesy pizza roll with tomato filling cobb salad and wedges

Lasagne

Beef Bolognese layered with pasta topped with white sauce, garlic slice and house salad

Roast Chicken

Boneless chicken with mash, fresh carrots and gravy _

Chinese Chicken Curry

Marinated chicken thighs with curry sauce and rice

Fishcakes

Mini white fish fishcakes with chips and peas

Vegetarian Section

Baked cheesy pasta with a crunchy topping and mixed salad and wedges

Macaroni Cheese Vegetable Lasagne

Roasted Vegetables layered with pasta topped with white sauce, garlic slice and house salad v

Quorn Roast

Quorn with mash, fresh carrots and gravy

Mild chilli beans. with rice and sweetcorn v

Beany Enchilada Vegan Sausage Puff

Quorn sausage peppers and onions wrapped in puff pastry with chips and peas

Packed Lunch

Jacket

Pick and Mix Deli

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Toppings •

Potatoes

Italian Crumble Cake

Crumble top and bottom filled with apples served with custard

Jelly and Fruit

Fruit flavoured jelly with extra fruit

Ice Cream Tub

Vanilla ice cream with fruity toppings

Apple Flapjack

Oats, apples and syrup home baked in a chewy bar

Cookie and Shake

Lemon Cookie and Berry Milkshake

The Finale

Meat

V Veggie

Jacket Potato

Packed Lunch