FOOI FESTIV By Aspens	AL Sprin	g / Summer 202 28/3, 18/4, 9/5, 30			
	MONDAY Authentic Italian	TUESDAY Family Faves	WEDNESDAY Backing British	THURSDAY Food Festival	
Option 1	BBQ Chicken Pizza Crudites	Beef Burger in a Bun Oven Baked Wedges Coleslaw	Roast Gammon Roasties and Fresh Vegetables Gravy	Chicken Tikka Biryani Wholegrain Rice Coconut Green Beans	
Option 2	Margherita Pizza Crudites	Super Veggie Burger in a Bun Oven Baked Wedges Coleslaw	Veggie Sausage & Summer Veg Traybake Roasties and Fresh Vegetables Gravy	Roasted Sweet Potato Dhal Wholegrain Rice Coconut Green Beans	
Pasta	Hot Tomato Pasta with Cheese available daily				
The Finale	Warm Pineapple with Vanilla Ice Cream	Sticky Gingerbread Cake	Chocolate Brownie	Strawberry Mousse with Peach	
	Homen		sh Fruit, Yoghurt and /eggie <a> Jacket Pota	Salad available even	



FRIDAY Fun Day

Fish Fingers

Salmon or Pollock Chips and Baked Beans

Baked Beans & Vegetable Dippers Chips

V

oat Cookie

very day

FES		AL Spr	ing / Summer 2022 2, 14/3, 4/4, 25/4, 16		
	Aspens	MONDAY Authentic Italian Creamy Chicken Pasta Bake Whole Grain Penne Garlic Slice Green Salad	TUESDAY Family Faves	WEDNESDAY Backing British Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	THURSDAY Food Food FostivalBeef Lasagne Potato Wedges Rainbow Slaw
Opt	ion 2	Veggie Bolognese Whole Grain Penne Garlic Slice Green Salad V	Baked Bean & Veggie Sausage Cowboy Pie Carrots	Cheese & Spring Onion Pastry Slice Roasties and Fresh Vegetables Gravy	Veggie Nachos & Cheese Potato Wedges Rainbow Slaw V
Pc	asta	Hot Tomato Pasta with Cheese available daily			
The	Finale	Peach Puff Pastry Slice & Custard	Rice Krispie Cakes	Chocolate & Marshmallow Cake	Apple Pie & Custard
		Home	made Bread, Fresh ▲ Meat V Ve	Fruit, Yoghurt and S	



WEEK TWO

Baked Breaded Fish Chips and Mushy Peas

& Carrot & Potato Cakes Homemade Tomato sauce Chips and Mushy Peas

Fruity Flapjack

very day

FOOI STIV By Aspens	AL Sprin	g / Summer 2022 21/3, 11/4, 2/5, 23			
Option 1	MONDAY Authentic Italian Meatball, Pasta & Garlic Bread Traybake Sweetcorn	TUESDAY Family Faves Sticky Baked Bangers & Mash Green Beans Gravy	WEDNESDAY Backing British Roast Chicken & Stuffing Roasties and Fresh Vegetables Gravy	THURSDAY Food Food Festival Honey & Soy Chicken Stir Fry Wholegrain Rice Broccoli	
Option 2	Tomato & Mozzarella Gnocchi Garlic Slice Sweetcorn	Sticky Veggie Bangers & Mash Green Beans Gravy	Quorn Roast Roasties and Fresh Vegetables Gravy	Crunchy Topped Macaroni Cheese Broccoli	
Pasta	Hot Tomato Pasta with Cheese available daily				
The Finale	Chocolate Mousse with Mandarin	Sticky Toffee Pudding & Custard	Vanilla Sprinkle Sponge	Apple Crumble with Custard	
	Homem	ade Bread, Fresh F	ruit, Yoghurt and So	alad available every	
		🔺 Meat 🔍 Ve	ggie 🔹 Jacket Potat	to	

WEEK THREE



Fish Fingers

Salmon or Pollock Chips and Peas



Ginger Cookie

ery day